



LUNCH MENU



STARTERS

SOUP OF THE DAY with warm Bread & Butter	£5.00
POACHED EGGS & AVOCADO BRUSCHETTA with dressed leaves	£6.00
CRISPY GARLIC MUSHROOM served with garlic mayo & dressed leaves	£6.00
CRISPY SALT & PEPPER SQUID served with sweet chilli mayo & dressed leaves	£6.50

SALADS

JAM-WELSH SUPER FOOD SALAD served with a Combination of mix leaves, nuts, avocado, seeds, feta cheese, quinoa, croutons & dry fruits. (V/VG)	£13.50
ADD JERK CHICKEN	£2.00

SANDWICH OR BAGUETTES

white or Brown Bread / white or Brown Baguette served with dressed leave & crisp

BBQ PULLED PORK.	£7.00 / £8.00
B.L.T	£6.00 / £6.50
CHEDDAR CHEESE AND PICKLE	£6.00 / £7.00

ASK YOUR SERVER FOR OUR DAILY SPECIALS

JAM - WELSH BURGERS

CHARGRILL LOCALLY SOURCED BEEF BURGER with BBQ Mayo, crispy onion rings, smoked Bacon, cheese, chips & coleslaw. **£15.00**

JAMAICAN SPICE JERK CHICKEN BREAST BURGER served with chilli & mango salsa, chips & coleslaw. **£15.50**

ROASTED BEETROOT AND MIX BEANS BURGER served with chips, Avocado and Stone ginger wine pickled vegetables. **V/VG/GF** **£13.50**

SAUSAGE OF THE DAY

Served with mashed potato, gravy & mixed vegetables. **£13.50**

HOME MADE PIE OF THE DAY

Served with mashed potato onion gravy & garden peas. **£13.50**

KIDS MEALS

CREAMY MAC & CHEESE **£5.50**

CRISPY BUTTERMILK CHICKEN BREAST with chips & sweet chilli mayo. **£7.00**

SIDES

LOADED CHIPS with Jamaican style bolognaise and cheddar cheese. **£4.50**

SWEET POTATO CHIPS **£4.00**

CHIPS **£3.00**

GARLIC BREAD/CHEESY GARLIC BREAD **£3.00/£3.50**

SWEETS

CHOCOLATE BROWNIE with salted caramel ice cream. **£6.50**

BOOZY BREAD & BUTTER PUDDING with Captain Morgan spice Rum Custard and Rum & Raisin ice cream. **£6.50**

ASSORTED ICE CREAM OR SORBET **£5.00**

VG-VEGAN
V- VEGETARIAN
GF- GLUTEN FREE

**PLEASE LET THE CHEF KNOW ABOUT ANY ALLERGIES YOU MAY HAVE.
ALL OF OUR DISHES ARE COOK TO ORDER WE APPRECIATE YOUR
PATIENCE.**